



2026 Region 7 Level 7 Championship Session Schedule

Friday, April 17th

Session 1:	Junior 1 and Junior 2
1:00 PM	Open Stretch, Coaches' Meeting
1:20 PM	Introductions
1:30 PM	1st Warmup & Competition
4:00 PM	Awards
Session 2:	Junior 3 and Junior 4
4:15 PM	Open Stretch, Coaches' Meeting
4:35 PM	Introductions
4:45 PM	1st Warmup & Competition
7:15 PM	Awards

Saturday, April 18th

Session 3:	Junior 5 and Junior 6
9:00 AM	Open Stretch, Coaches' Meeting
9:20 AM	Introductions
9:30 AM	1st Warmup & Competition
12:00 PM	Awards
Session 4:	Junior 7 and Junior 8
12:15 PM	Open Stretch, Coaches' Meeting
12:35 PM	Introductions
12:45 PM	1st Warmup & Competition
3:15 PM	Awards
Session 5:	Senior 1 and Senior 2
3:30 PM	Open Stretch, Coaches' Meeting
3:50 PM	Introductions
4:00 PM	1st Warmup & Competition
6:30 PM	Awards



2026 Region 7 Level 7 Championship Session Schedule

Sunday, April 19th

Session 6:	Senior 3 and Senior 4
9:00 AM	Open Stretch, Coaches' Meeting
9:20 AM	Introductions
9:30 AM	1st Warmup & Competition
12:00 PM	Awards
Session 7:	Senior 5 and Senior 6
12:15 PM	Open Stretch, Coaches' Meeting
12:35 PM	Introductions
12:45 PM	1st Warmup & Competition
3:15 PM	Awards
Session 8:	Senior 7 and Senior 8
3:30 PM	Open Stretch, Coaches' Meeting
3:50 PM	Introductions
4:00 PM	1st Warmup & Competition
6:30 PM	Awards & Senior Recognition (2)

*Live scoring will be available at [MeetScoresOnline.com](https://www.meetscoresonline.com),
[ScoreCatOnline.com](https://www.scorecatonline.com) & the [ScoreCat phone app](#)*