

2026 Region 7 Level 7 Championship

Rotation Schedule

Apr 17-19, 2026

Subject to Change

Friday, April 17, 2026

Session: 1

-- JR 1 And JR 2

Open Stretch 1:00 PM

1st WU/Comp. 1:30 PM

Introduction 1:20 PM

Awards 4:00 PM

Gymnasts: 70

Flight: A - 36



Aeon - 1
All American (NJ) - 1
Bearfoot Gymnastics - 1
Gym America - 1
World Class - 5



Dreams Gymnastics - 1
Galaxy Gymnastics - 2
KMC Gymnastics - 1
Ocean Tumblers - 1
Rock - 2
US Gym - 2



Bright Stars - 1
Capital - 3
GU(M-NJ) - 1
HOH Parlin - 2
Win-Win - 1
Xtreme Heights - 1



FSG - 6
Hills - 1
PittsburghNorthstars - 1
Prestige PA - 1

Flight: B - 34



Bozhi's - 1
Dynamats - 1
Excalibur - 1
GGAC - 1
Harford Gymnastics - 2
Stallone Gymnastics - 3



Apollo - 1
Docksiders - 1
ENA - 4
GFTG - 2



ASAP - 1
CHG - 1
Parkettes - 3
VIGS - 1
WVGTC - 1
Xquisite - 2



Dreams - 1
G Force - 2
PGC Mannettes - 5

2026 Region 7 Level 7 Championship Rotation Schedule

Apr 17-19, 2026

Subject to Change

Friday, April 17, 2026

Session: 2

-- JR 3 And JR 4

Open Stretch 4:15 PM

1st WU/Comp. 4:45 PM

Introduction 4:35 PM

Awards 7:15 PM

Gymnasts: 70

Flight: A - 35



9

AMP Athletics - 1
FGC - 1
Gym America - 1
Hope - 3
Prestige PA - 2
US Gym - 1



9

AJS Pancott - 1
BC Gymnastics - 1
Excalibur - 3
GFTG - 1
Silvia's Gymnastics - 1
Virginia Techniques - 1
World Class - 1



8

DCG - 1
GU(M-NJ) - 4
HOH Parlin - 1
Harford Gymnastics - 1
Paragon VA - 1



9

4 Star - 1
Dynamats - 1
FSG - 1
Gymsport - 2
TGA - 1
Uzelac - 2
VIGS - 1

Flight: B - 35



9

HOH Middletown - 1
MLG - 1
PittsburghNorthstars - 3
Premier NJ - 1
River Run - 1
Skyline - 1
Xtreme Heights - 1



9

Dynamic (L) - 1
Galaxy Gymnastics - 1
Hanover Gymnastics - 2
Indigo - 1
KMC Gymnastics - 1
LTD Academy - 1
WillMoor - 2



8

ASAP - 4
MEGA-DC - 1
Nook Gymnastics - 1
Rising Stars - 1
Stallone Gymnastics - 1



9

Capital - 1
ENA - 2
G Force - 1
Northeast Gymnastics - 1
Parkettes - 3
Thrive Gym - 1

2026 Region 7 Level 7 Championship

Rotation Schedule

Apr 17-19, 2026

Subject to Change

Saturday, April 18, 2026

Session: 3

-- JR 5 And JR 6

Open Stretch 9:00 AM

1st WU/Comp. 9:30 AM

Introduction 9:20 AM

Awards 12:00 PM

Gymnasts: 69

Flight: A - 35



g

Action - 3
Aerial East - 1
CHG - 2
Force Gymnastics - 1
REGA Gymnastics - 1



g

Apollo - 2
Gym Time - 1
Paragon VA - 1
Shenandoah Tumblers - 1
Silvia's Gymnastics - 2
Xquisite - 2



g

FGC - 1
GFTG - 2
Hills - 3
Northeast Gymnastics - 1
Paramount Gym PA - 1
Splits - 1



g

Bright Stars - 2
Capital - 2
Dreams - 1
PittsburghNorthstars - 1
Prestige PA - 2
Stallone Gymnastics - 1

Flight: B - 34



g

ACPR - 1
AJS Pancott - 2
Apex - 1
HOH Parlin - 1
Ocean Tumblers - 1
VIGS - 1
WillMoor - 1



g

Excalibur - 2
FSG - 4
PGC Mannettes - 1
Thrive Gym - 1



g

All Pro - 1
Columbia Gymnastics - 1
Epic Gymnastics - 1
Rock - 2
Sportsplex - 1
US Gym - 2
World Class - 1



g

ABG - 1
Bearfoot Gymnastics - 1
Bozhi's - 1
GMS - 2
Paramount NJ - 3
Uzelac - 1

2026 Region 7 Level 7 Championship Rotation Schedule

Apr 17-19, 2026

Subject to Change

Saturday, April 18, 2026

Session: 4 -- JR 7 And JR 8

Open Stretch 12:15 PM
Introduction 12:35 PM

1st WU/Comp. 12:45 PM
Awards 3:15 PM

Gymnasts: 72

Flight: A - 36



9

AJS Pancott - 2
ASAP - 1
Dynamic (L) - 1
Lakettes Gymnastics - 3
Rising Stars - 1
Virginia Techniques - 1



9

GMS - 3
GU(M-NJ) - 2
Galaxy Gymnastics - 1
Harford Gymnastics - 1
Ocean Tumblers - 1
Paramount Gym PA - 1



9

ABG - 1
Excalibur - 2
Gymsport - 1
Paramount NJ - 1
Skyline - 2
Spartan - 1
World Class - 1



9

Bright Stars - 2
Capital - 3
HOH Parlin - 1
PGC Mannettes - 1
Stick It Gymnastics - 1
Xtreme Heights - 1

Flight: B - 36



9

Arena NJ - 1
FGC - 1
MLG - 2
Mountain Magic - 1
Shenandoah Tumblers - 1
Silvia's Gymnastics - 2
Splits - 1



9

Apollo - 1
Dreams Gymnastics - 1
Dynamats - 1
Hills - 3
Prestige PA - 2
US Gym - 1



9

Apex - 2
Epic Gymnastics - 1
GCHTA - 1
TFG - 1
VEGA - 1
VIGS - 3



9

Action - 2
All Pro - 2
Central Bucks - 1
GFTG - 1
Synergy Gymnastics - 1
Thrive Gym - 1
Xquisite - 1

2026 Region 7 Level 7 Championship Rotation Schedule

Apr 17-19, 2026

Subject to Change

Saturday, April 18, 2026

Session: 5 -- SR 1 And SR 2

Open Stretch 3:30 PM
Introduction 3:50 PM

1st WU/Comp. 4:00 PM
Awards 6:30 PM

Gymnasts: 70

Flight: A - 34



9

ENA - 2
GEG - 1
Hanover Gymnastics - 1
Ricochets - 1
Silvia's Gymnastics - 1
Synergy Gymnastics - 3



8

Apex - 3
Central Bucks - 1
FGC - 2
FNC - 1
Power & Grace Gym - 1



8

GCHTA - 3
Ocean Tumblers - 1
Stallone Gymnastics - 2
WVGTC - 2



9

Bright Stars - 3
GFTG - 1
Gym Starz Gymnastics - 1
Kendrick Kippettes - 1
Shenandoah Tumblers - 2
VIGS - 1

Flight: B - 36



9

Capital - 5
Force Gymnastics - 1
Hope - 2
Mountain Magic - 1



9

Classics - 1
DCG - 1
Flips - 2
TNT - 1
Ultimate - 1
Williamsburg - 3



9

All Pro - 2
FSG - 1
Harford Gymnastics - 1
Hills - 3
Virginia Techniques - 2



9

ACPR - 1
Apollo - 2
Dynamic (L) - 1
Epic Gymnastics - 3
FEG - 1
Win-Win - 1

2026 Region 7 Level 7 Championship

Rotation Schedule

Apr 17-19, 2026

Subject to Change

Sunday, April 19, 2026

Session: 6 -- SR 3 And SR 4

Open Stretch 9:00 AM
Introduction 9:20 AM

1st WU/Comp. 9:30 AM
Awards 12:00 PM

Gymnasts: 71

Flight: A - 35



9

ABG - 1
BRAG - 1
GFTG - 2
KMC Gymnastics - 1
Paramount Gym PA - 1
SGA-NJ - 1
VIGS - 2



9

Bearfoot Gymnastics - 2
Epic Gymnastics - 2
Gym Starz Gymnastics - 1
Richmond Olympiad - 1
Summit Summies - 1
TNT Elite - 1
Wilson Gymnastics - 1



9

ASAP - 1
Apex - 1
CGI - 1
Classics - 1
United Gymnastix - 3
Xtreme Heights - 2



8

ACPR - 2
All Pro - 2
Bright Stars - 1
EnVision - 1
Virginia Techniques - 1
Xquisite - 1

Flight: B - 36



9

AJS Pancott - 2
Excalibur - 1
Harford Gymnastics - 1
Millers Gym Stars - 1
Mountain Magic - 2
Shrewsbury - 1
WillMoor - 1



9

BGC - 1
Capital - 2
FGC - 3
Force Gymnastics - 1
Prestige PA - 1
Synergy Gymnastics - 1



9

Aerial East - 2
Flips - 1
GCHTA - 1
Gym America - 1
World Class - 4



9

ENA - 1
GGAC - 1
Hills - 2
Power & Grace Gym - 1
Silvia's Gymnastics - 1
Sportsplex - 1
Thrive Gym - 2

2026 Region 7 Level 7 Championship Rotation Schedule

Apr 17-19, 2026

Subject to Change

Sunday, April 19, 2026

Session: 7 -- SR 5 And SR 6

Open Stretch 12:15 PM
Introduction 12:35 PM

1st WU/Comp. 12:45 PM
Awards 3:15 PM

Gymnasts: 71

Flight: A - 35



9

Atlantic Coast - 1
BC Gymnastics - 3
ENA - 1
Fairfax - 2
Island Gymnastics - 1
US Gym - 1



9

Apollo - 1
Beach Bounders - 2
Bearfoot Gymnastics - 2
Champions United - 1
GCHTA - 1
Galaxy Gymnastics - 1
Mountain Magic - 1



9

AJS Pancott - 2
All Pro - 1
Balance - 1
FGC - 2
GMS - 1
Team Lightning - 2



8

ACPR - 1
Hills - 4
MEGA-DC - 2
Williamsburg - 1

Flight: B - 36



9

AMP Athletics - 1
Lakettes Gymnastics - 2
Premier NJ - 1
VIGS - 1
World Class - 4



9

ABG - 1
Action - 1
Apex - 4
Central Bucks - 1
Excalibur - 1
Indigo - 1



9

Aerial East - 2
Berks - 3
Capital - 1
G Force - 1
GGAC - 1
SGA-NJ - 1



9

Epic Gymnastics - 2
Flips - 1
Nook Gymnastics - 1
Silvia's Gymnastics - 1
United Gymnastix - 3
Warriors - 1

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Apr 17-19, 2026

Subject to Change

Sunday, April 19, 2026

Session: 8 -- SR 7 And SR 8

Open Stretch 3:30 PM
Introduction 3:50 PM

1st WU/Comp. 4:00 PM
Awards 6:30 PM

Gymnasts: 72

Flight: A - 36



9

Cardinal - 1
Excalibur - 2
Silvia's Gymnastics - 2
Summit Summies - 1
World Class - 1
Xtreme Heights - 2



9

Aerial East - 2
Apex - 1
Berks - 1
Lakettes Gymnastics - 1
STJ Gymnastics - 3
TNT - 1



9

All Pro - 1
East Coast - 1
Hills - 4
Shields Gymnastics - 2
WGT - 1



9

AJS Pancott - 2
BGC - 1
Chantilly Academy - 1
Hart Gym - 1
Synergy Gymnastics - 3
United Gymnastix - 1

Flight: B - 36



9

ACPR - 1
Dulles - 1
FEG - 1
MEGA-DC - 2
Rock - 1
Thrive Gym - 1
Win-Win - 2



9

GGAC - 1
Mid-Coast - 1
Novaks - 1
Rising Stars - 1
VEGA - 2
Wilson Gymnastics - 3



9

Arcadia Gymnastics - 1
BC Gymnastics - 1
Capital - 1
DCG - 2
GCHTA - 3
Gymsport - 1



9

Action - 1
Classics - 1
Epic Gymnastics - 2
Fairfax - 3
Galaxy Gymnastics - 1
Xquisite - 1