



2026 Region 7 Level 8 Championship Session Schedule

Friday, April 17th

Session 1:	Junior 1 and Junior 2
1:30 PM	Open Stretch, Coaches' Meeting
1:50 PM	Introductions
2:00 PM	1st Warmup & Competition
4:45 PM	Awards
Session 2:	Junior 3 and Junior 4
5:00 PM	Open Stretch, Coaches' Meeting
5:20 PM	Introductions
5:30 PM	1st Warmup & Competition
8:15 PM	Awards

Saturday, April 18th

Session 3:	Junior 5 and Junior 6
9:30 AM	Open Stretch, Coaches' Meeting
9:50 AM	Introductions
10:00 AM	1st Warmup & Competition
12:45 PM	Awards
Session 4:	Junior 7 and Senior 1
1:00 PM	Open Stretch, Coaches' Meeting
1:20 PM	Introductions
1:30 PM	1st Warmup & Competition
4:15 PM	Awards
Session 5:	State Team Competition
5:00 PM	Open Stretch, Coaches' Meeting
5:20 PM	Introductions
5:30 PM	1st Warmup & Competition
8:30 PM	Awards



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Sunday, April 19th

Session 6:	Senior 2 and Senior 3
9:30 AM	Open Stretch, Coaches' Meeting
9:50 AM	Introductions
10:00 AM	1st Warmup & Competition
12:45 PM	Awards
Session 7:	Senior 4 and Senior 5
1:00 PM	Open Stretch, Coaches' Meeting
1:20 PM	Introductions
1:30 PM	1st Warmup & Competition
4:15 PM	Awards & Senior Recognition (6)
Session 8:	Senior 6 and Senior 7
4:30 PM	Open Stretch, Coaches' Meeting
4:50 PM	Introductions
5:00 PM	1st Warmup & Competition
7:45 PM	Awards & Senior Recognition (4)

*Live scoring will be available at [MeetScoresOnline.com](https://www.meetscoresonline.com),
[ScoreCatOnline.com](https://www.scorecatonline.com) and the [ScoreCat phone app](#)*